1. **Main idea**

One of the most important steps in the right direction would be for school cafeterias to provide healthy, low fat options for students.

1. **Fact**

- one of the most important steps in the right direction would be for school cafeterias to provide heakthy, low fat options for students.

- in every town and city, an abundance of fast food restaurants lure teenage customers with fast, expensive, and tasty food, but these foods are typically unhealthy.

- while these foods to provide some nutritional value, they are relatively high in fat.

**3. Opinion**

- unfortunately, school cafetiars – in an effort to provide food that is appetizing to young people mimic fast food menus, often serving items such as burger and fries, pizza, hot dogs, and fried chicken.

- many of the lunch selections school cafeterias currently offer could be made healthier with a few simple and inexpensive substitutions.

**4. Inferences**

One of the important steps in the right direction would be for school cafeterias to provide healthy, low fat options for students. Unfortunately school cafeterias – in an effort to provide food that is appetizing to young people – mimic fast food menus, often serving items such as burgers and fries, pizza, hot dog and fried chicken. Many of the lunch selection school cafeterias currently offer could be made healthier with a few simple and inexpensive substitututions. Veggie burgers, for example, offered alongside beef burgers, would be a positive addition.